



DESCRIPTION

Best Practice Spotlight Organizations (BPSOs) are selected by the Registered Nurses' Association of Ontario (RNAO) to implement and evaluate Best Practice Guidelines (BPGs). Best Practice Champions (BPCs) play a vital role in promoting BPG adoption and sustainability in both clinical and academic settings. Humber River Health (HRH) began its BPSO journey in 2018, achieving Designated BPSO status in 2021. Since then, HRH has successfully implemented ten BPGs and focused on expanding its BPC network while enhancing its capacity through targeted initiatives. These efforts aim to support the professional growth of the interprofessional team and advance the integration of evidence-based practices throughout the organization.

OBJECTIVE

To foster professional growth of the HRH interprofessional team through the BPSO BPC Program.

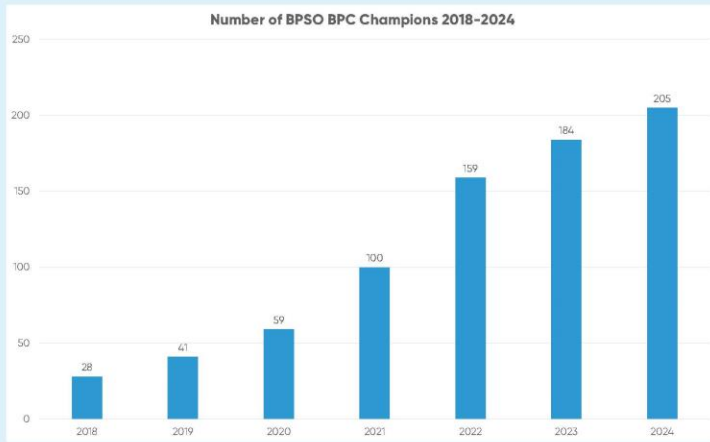


Figure 1. Number of BPSO Best Practice Champions from 2018-2024.

ACTIONS TAKEN

The BPSO Department at HRH conducts a monthly BPSO BPC education session as part of new staff orientation, along with two annual interprofessional BPSO BPC Open House Workshops.

- BPGs are incorporated into the eight-day simulation-based nursing orientation program, promoting evidence-based practice throughout the organization.
- New staff members complete the RNAO BPC eLearning course, after which they receive a BPC Certificate and a champion pin.
- These sessions provide guidance to champions on implementing the Knowledge-to-Action Framework to enhance the acceptance, adoption, and sustainability of BPGs.
- New BPCs are awarded a certificate, T-shirt, and pen to increase the visibility of the program.
- Post-workshop evaluations are conducted to gather feedback for continuous improvement.



Figure 2. Attendees of the Interprofessional Team Best Practice Champion Open-House – 2023.

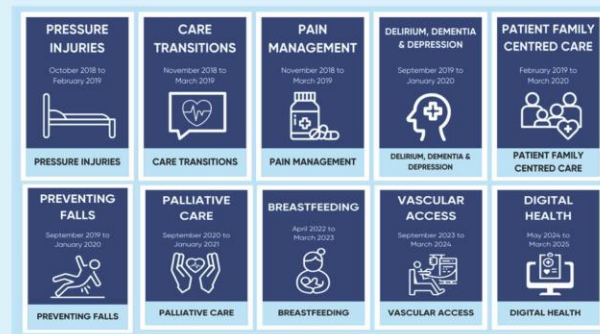


Figure 3. Best Practice Guidelines implemented at HRH from 2018 - 2024.



"It was a very interactive and enjoyable learning opportunity, filled with valuable insights and practical tips to implement in my practice. I now feel more confident in my skills related to stoma management and VAC dressing."

– Best Practice Champion.



"The interprofessional BPSO BPC Open House Workshop provided profound knowledge and learning that will be beneficial to my clinical practice."

– Best Practice Champion.



Figure 4. Feedback from Best Practice Champion Post-Workshop Evaluations.



Figure 5. Attendees of the Interprofessional Team Best Practice Champion Open-House – 2024.

SUMMARY OF RESULTS

HRH has significantly expanded its BPC network, onboarding over 776 BPCs by October 2024. This growth reflects a heightened awareness and recognition of the role champions play in implementing and sustaining BPGs throughout the organization. BPCs have been essential in promoting evidence-based care, and HRH is committed to standardizing practices, improving patient outcomes, and fostering collaboration among interprofessional teams through ongoing BPG implementation initiatives.

LESSONS LEARNED

Working with staff on sustainability strategies has strengthened HRH's BPC network and reinforced patient safety practices. This approach promotes ongoing education on BPGs and fosters a culture of evidence-based practice, enhancing the quality of care through interprofessional collaboration.